## 2024 Annual Notices Important Legal Notice Affecting Your Health Plan Coverage

#### Important Notice from American Senior Communities, LLC About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with American Senior Communities and about your options under Medicare's prescription drug coverage. This information can help you decide whether you want to join a Medicare drug plan. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are three important things you need to know about your current coverage and Medicare's prescription drug coverage:

- Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- 2. American Senior Communities has determined that the prescription drug coverage offered by the American Senior Communities Master Welfare Plan is, on average for all plan participants, NOT expected to pay out as much as standard Medicare prescription drug coverage pays. Therefore, your coverage is considered <u>Non-Creditable Coverage</u>. This is important because, most likely, you will get more help with your drug costs if you join a Medicare drug plan, than if you only have prescription drug coverage from the <u>American Senior Communities Master Welfare Plan</u>. This also is important because it may mean that you may pay a higher premium (a penalty) if you do not join a Medicare drug plan when you first become <u>eligible</u>.
- **3.** You can keep your current coverage from American Senior Communities Master Welfare Plan. However, because your coverage is non-creditable, you have decisions to make about Medicare prescription drug coverage that may affect how much you pay for that coverage, depending on if and when you join a drug plan. When you make your decision, you should compare your current coverage, including what drugs are covered, with the coverage and cost of the plans offering Medicare prescription drug coverage in your area. Read this notice carefully it explains your options.

#### When Can You Join a Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15 to December 7.

However, if you lose your current prescription drug coverage with American Senior Communities, since it is employer-sponsored group coverage, you will be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan; however, you also may pay a higher premium (a penalty) because you did not have creditable coverage under American Senior Communities Master Welfare Plan.

#### When Will You Pay a Higher Premium (Penalty) to Join a Medicare Drug Plan?

Since the coverage under American Senior Communities Master Welfare Plan is not creditable, depending on how long you go without creditable prescription drug coverage you may pay a penalty to join a Medicare drug plan. Starting with the end of the last month that you were first eligible to join a Medicare drug plan but didn't join, if you go 63 continuous days or longer without prescription drug coverage that's creditable, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your

premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

#### What Happens to Your Current Coverage if You Decide to Join a Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current American Senior Communities coverage will not be affected.

If you do decide to join a Medicare drug plan and drop your current American Senior Communities coverage, be aware that you and your dependents will not be able to get this coverage back.

## For More Information About This Notice or Your Current Prescription Drug Coverage

Contact the person listed on the next page.

**NOTE:** You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan and if this coverage through Group Name changes. You also may request a copy of this notice at any time.

#### For More Information About Your Options Under Medicare Prescription Drug Coverage

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans. For more information about Medicare prescription drug coverage:

- Visit <u>www.medicare.gov</u>
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help.
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Date:	10/1/2023
Name of Entity/Sender:	American Senior Communities, LLC.
ContactPosition/Office:	Benefits Office
Address:	6900 South Gray Road, Indianapolis, IN 46237
Phone Number:	317-788-2500

#### WOMEN'S HEALTH AND CANCER RIGHTS ACT OF 1998 (WHCRA)

#### Enrollment Notice

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed.
- Surgery and reconstruction of the other breast to produce a symmetrical appearance.
- Prostheses.
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan.

If you would like more information on WHCRA benefits, call Anthem at 833-578-4441.

#### Annual Notice

Do you know your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services, including all stages of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema? Call Anthem at **833-578-4441** for more information.

#### **NEWBORNS' AND MOTHERS' HEALTH PROTECTION ACT OF 1996**

Group health plans and health insurance issuers generally may not, under federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under federal law, require that a provider obtain authorization from the plan or the issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

#### NEW HEALTH AND INSURANCE MARKETPLACE COVERAGE OPTIONS AND YOUR HEALTH COVERAGE

Beginning in 2014, a new way to buy health insurance was created: the **Health Insurance Marketplace**. To assist you as you evaluate options for yourself and your family, this notice provides some basic information about the Marketplace.

#### What is the Health Insurance Marketplace?

The Marketplace is designed to help you find health insurance that meets your needs and fits your budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options. You may also be eligible for a new kind of tax credit that lowers your monthly premium right away.

Each year, the open enrollment period for health insurance through the Marketplace runs from November 1<sup>st</sup> through December 15<sup>th</sup> of the previous year. For coverage beginning January 1, 2024, the Marketplace open enrollment period will begin on November 1, 2023, and end on December 15, 2023. After December 15<sup>th</sup>, you can get coverage through the Marketplace only if you qualify for a special enrollment period or are applying for Medicaid or the Children's Health Insurance Program (CHIP).

#### Can I save money on my health insurance premiums in the Marketplace?

You may qualify to save money and lower your monthly premium, but only if your employer does not offer coverage, or offers coverage that does not meet certain standards. The savings on your premium that you may be eligible for depends on your *household* income.

#### Does employer health coverage affect eligibility for premium savings through the Marketplace?

Yes. If you have an offer of health coverage from your employer that meets certain standards, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer's health plan. However, you may be eligible for a tax credit that lowers your monthly premium or a reduction in certain cost-sharing if your employer does not offer coverage to you at all or does not offer coverage that meets certain standards.

If the cost of a plan from your employer that would cover you (and not any other members of your family) is more than 9.5% (as adjusted annually, after 2014) of your household income for the year, or if the coverage your employer provides does not meet the "minimum value" standard set by the Affordable Care Act, you may be eligible for a tax credit. (An employer-sponsored health plan meets the "minimum value standard" if the plan's share of the total allowed benefit costs covered by the plan is no less than 60% of such costs.)

**NOTE**: If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may also lose the employer contribution (if any) to the employer-offered coverage. Also, this employer's contribution – as well as your employee contribution to employer-offered coverage – is often excluded from income for federal and state income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

#### How can I get more information?

For more information about coverage offered by your employer, please check your Summary Plan Description or contact *the Benefits Office at 317-788-2500.* 

The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit <u>www.healthcare.gov</u> for more information, as well as an online application for Marketplace health insurance coverage and contact information for a Health Insurance Marketplace in your area.

#### SPECIAL ENROLLMENT ANNUAL NOTICE

This notice is being provided to make certain that you understand your right to apply for group health coverage. You should read this notice even if you plan to waive health coverage at this time.

#### Loss of Other Coverage

If you are declining coverage for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this Plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment within 31 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

<u>Example</u>: You waived coverage under this Plan because you were covered under a plan offered by your spouse's employer. Your spouse terminates employment. If you notify your employer within 31 days of the date coverage ends, you and your eligible dependents may apply for coverage under this Plan.

#### Marriage, Birth or Adoption

If you have a new dependent because of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 31 days after the marriage, birth, or placement for adoption.

<u>Example</u>: When you were hired, you were single and chose not to elect health insurance benefits. One year later, you marry. You and your eligible dependents are entitled to enroll in this Plan. However, you must apply within 30 days of the date of your marriage.

#### **Medicaid or CHIP**

If you or your dependents lose eligibility for coverage under Medicaid or the Children's Health Insurance Program (CHIP) or become eligible for a premium assistance subsidy under Medicaid or CHIP, you may be able to enroll yourself and your dependents. You must request enrollment within 60 days of the loss of Medicaid or CHIP coverage or the determination of eligibility for a premium assistance subsidy.

<u>Example</u>: When you were hired, your children received health coverage under CHIP, and you did not enroll them in this Plan. Because of changes in your income, your children are no longer eligible for CHIP coverage. You may enroll them in this Plan if you apply within 60 days of the date of their loss of CHIP coverage.

#### For More Information or Assistance

To request special enrollment or obtain more information, please contact the Benefits Office at 317-788-2500.

#### Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium

assistance programs, but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit **www.healthcare.gov**.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or **www.insurekidsnow.gov** to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at **www.askebsa.dol.gov** or call **1-866-444-EBSA** (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2023. Contact your State for more information on eligibility –

ALABAMA – Medicaid	CALIFORNIA – Medicaid
Website: <u>http://myalhipp.com/</u>	Health Insurance Premium Payment (HIPP) Program
Phone: 1-855-692-5447	Website:
	http://dhcs.ca.gov/hipp
	Phone: 916-445-8322
	Fax: 916-440-5676
	Email: <u>hipp@dhcs.ca.gov</u>
ALASKA – Medicaid	COLORADO – Health First Colorado
	(Colorado's Medicaid Program) & Child
	Health Plan Plus (CHP+)
The AK Health Insurance Premium Payment Program	Health First Colorado Website:
Website: <u>http://myakhipp.com/</u>	https://www.healthfirstcolorado.com/
Phone: 1-866-251-4861	Health First Colorado Member Contact Center:
Email: CustomerService@MyAKHIPP.com	1-800-221-3943/ State Relay 711
Medicaid Eligibility:	CHP+: https://hcpf.colorado.gov/child-health-plan-plus
https://health.alaska.gov/dpa/Pages/default.aspx	CHP+ Customer Service: 1-800-359-1991/ State Relay 711
	Health Insurance Buy-In Program (HIBI):
	https://wwwmycohibi.com
	HIBI Customer Service: 1-855-692-6442
ARKANSAS – Medicaid	FLORIDA – Medicaid
Website: <u>http://myarhipp.com/</u>	Website:
Phone: 1-855-MyARHIPP (855-692-7447)	https://www.flmedicaidtplrecovery.com/flmedicaidtplrecove
	ry.com/hipp/index.html
	Phone: 1-877-357-3268

GEORGIA – Medicaid	MASSACHUSETTS – Medicaid and CHIP
GA HIPP Website: https://medicaid.georgia.gov/health-	Website: https://www.mass.gov/masshealth/pa
insurance-premium-payment-program-hipp	Phone: 1-800-862-4840
Phone: 678-564-1162, Press 1	TTY: 711
GA CHIPRA Website:	Email: masspremassistance@accenture.com
https://medicaid.georgia.gov/programs/third-party-	
liability/childrens-health-insurance-program-	
reauthorization-act-2009-chipra	
Phone: (678) 564-1162, Press 2	
INDIANA – Medicaid	MINNESOTA – Medicaid

Use labor Indiana Dian for low income adulte 10.64	W-1-:40.
Healthy Indiana Plan for low-income adults 19-64 Website: http://www.in.gov/fssa/hip/	Website: https://mn.gov/dhs/people-we-serve/children-and-
Phone: 1-877-438-4479	families/health-care/health-care-programs/programs-and-
All other Medicaid	services/other-insurance.jsp
Website: https://www.in.gov/medicaid/	Phone: 1-800-657-3739
Phone 1-800-457-4584	
IOWA – Medicaid and CHIP (Hawki)	MISSOURI – Medicaid
Medicaid Website:	Website:
https://dhs.iowa.gov/ime/members	http://www.dss.mo.gov/mhd/participants/pages/hipp.htm
Medicaid Phone: 1-800-338-8366	Phone: 573-751-2005
Hawki Website:	
http://dhs.iowa.gov/Hawki Hawki Phone: 1-800-257-8563	
HIPP Website:	
https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp	
HIPP Phone: 1-888-346-9562	
KANSAS – Medicaid	MONTANA – Medicaid
Website: https://www.kancare.ks.gov/	Website:
Phone: 1-800-792-4884	http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP
HIPP Phone: 1-800-967-4660	Phone: 1-800-694-3084
	Email: <u>HHSHIPPProgram@mt.gov</u>
KENTUCKY – Medicaid	NEBRASKA – Medicaid
Kentucky Integrated Health Insurance Premium Payment	Website: http://www.ACCESSNebraska.ne.gov
Program (KI-HIPP) Website:	Phone: 1-855-632-7633
https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.asp	Lincoln: 402-473-7000
$\frac{X}{2}$ Dhomes 1.855 450 6228	Omaha: 402-595-1178
Phone: 1-855-459-6328 Email: <u>KIHIPP.PROGRAM@ky.gov</u>	
KCHIP Website: https://kidshealth.ky.gov/Pages/index.aspx	
Phone: 1-877-524-4718	
Kontualy Madigaid Wakaita https://akfalay.and	
Kentucky Medicaid Website: <u>https://chfs.ky.gov</u>	
LOUISIANA – Medicaid	NEVADA – Medicaid
Website: <u>www.medicaid.la.gov</u> or <u>www.ldh.la.gov/lahipp</u>	Medicaid Website: <u>http://dhcfp.nv.gov</u>
Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-	Medicaid Phone: 1-800-992-0900
5488 (LaHIPP)	
MAINE – Medicaid	NEW HAMPSHIRE – Medicaid
Enrollment Website:	Website: https://www.dhhs.nh.gov/programs-
https:	services/medicaid/health-insurance-premium-program
www.mymaineconnection.gov/benefits/s?language=enUS	Phone: 603-271-5218
Phone: 1-800-442-6003 TTY: Maine relay 711	Toll free number for the HIPP program: 1-800-852-3345, ext. 5218
Private Health Insurance Premium Webpage:	OAL 5210
https://www.maine.gov/dhhs/ofi/applications-forms	
Phone: -800-977-6740.	
TTY: Maine relay 711	
NEW JERSEY – Medicaid and CHIP	SOUTH DAKOTA - Medicaid
Medicaid Website:	Website: http://dss.sd.gov
	Phone: 1-888-828-0059
dmahs/clients/medicaid/	
Medicaid Phone: 609-631-2392	
Medicaid Phone: 609-631-2392 CHIP Website: <u>http://www.njfamilycare.org/index.html</u>	
Medicaid Phone: 609-631-2392	TEXAS – Medicaid

Website: <u>https://www.health.ny.gov/health_care/medicaid/</u> Phone: 1-800-541-2831	Website:       Health Insurance Premium Payment (HIPP)         Program   Texas Health and Human Services         Phone:       1-800-440-0493
NORTH CAROLINA – Medicaid Website: <u>https://medicaid.ncdhhs.gov/</u> Phone: 919-855-4100	UTAH – Medicaid and CHIP Medicaid Website: <u>https://medicaid.utah.gov/</u> CHIP Website: <u>http://health.utah.gov/chip</u> Phone: 1-877-543-7669
NORTH DAKOTA – Medicaid Website: <u>https://www.hhs.nd.gov/healthcare</u> Phone: 1-844-854-4825	VERMONT– Medicaid Website: http://www.greenmountaincare.org/ Phone: 1-800-250-8427
OKLAHOMA – Medicaid and CHIP Website: <u>http://www.insureoklahoma.org</u> Phone: 1-888-365-3742	VIRGINIA – Medicaid and CHIP         Website: <a href="https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select">https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select</a> <a href="https://www.coverva.dmas.virginia.gov/learn/premium-assistance/health-insuranc-premium-payment-hipp-programs">https://www.coverva.dmas.virginia.gov/learn/premium-assistance/health-insuranc-premium-payment-hipp-programs</a> Medicaid Phone:       1-800-432-5924
OREGON – Medicaid Website: <u>http://healthcare.oregon.gov/Pages/index.aspx</u> Phone: 1-800-699-9075	CHIP Phone: 1-800-432-5924 WASHINGTON – Medicaid Website: <u>https://www.hca.wa.gov/</u> Phone: 1-800-562-3022
PENNSYLVANIA – Medicaid and CHIP Website: https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP- <u>Program.aspx</u> Phone: 1-800-692-7462 CHIP Website: <u>Children's Health Insurance Program</u> (CHIP) (pa.gov CHIP Phone: 1-800-986-KIDS (5437)	WEST VIRGINIA – Medicaid and CHIP Website: https://dhhr.wv.gov/bms/ http://mywvhipp.com/ Medicaid Phone: 304-558-1700 CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)
RHODE ISLAND – Medicaid and CHIP Website: http://www.eohhs.ri.gov/ Phone: 1-855-697-4347, or 401-462-0311 (Direct RIte Share Line)	WISCONSIN – Medicaid and CHIP Website: <u>https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm</u> Phone: 1-800-362-3002
SOUTH CAROLINA – Medicaid	WYOMING – Medicaid
Website: <u>https://www.scdhhs.gov</u> Phone: 1-888-549-0820	Website: https://health.wyo.gov/healthcarefin/medicaid/programs-and- eligibility/ Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since July 31, 2023, or for more information on special enrollment rights, contact either:

U.S. Department of Labor Employee Benefits Security Administration www.dol.gov/agencies/ebsa 1-866-444-EBSA (3272) U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services **www.cms.hhs.gov** 1-877-267-2323, Menu Option 4, Ext. 61565

#### Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email <u>ebsa.opr@dol.gov</u> and reference the OMB Control Number 1210-0137.

#### **HIPAA Model Privacy Notice**

#### Your Information. Your Rights. Our Responsibilities.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. **Please review it carefully.** 

#### Your Rights

When it comes to your health information you have certain rights. This section explains your rights and some of our responsibilities to help you.

Get a copy of health and claims	You can ask to see or get a copy of your health and claims records and
records	other health information we have about you. Ask us how to do this.
	<ul> <li>We will provide a copy or a summary of your health and claims records,</li> </ul>
	usually within 30 days of your request. We may charge a reasonable, cost-
	based fee to provide this information.
Ask us to correct health and	• You can ask us to correct your health and claims records if you think they
claims records	are incorrect or incomplete. Ask us how to do this.
	<ul> <li>We may say "no" to your request, but we will tell you why in writing within 60 days.</li> </ul>
Request confidential communications	<ul> <li>You can ask us to contact you in a specific way (ex: home or office phone) or to send mail to a different address.</li> </ul>
	<ul> <li>We will consider all reasonable requests, and must say "yes" if you tell us you would be in danger if we do not.</li> </ul>
Ask us to limit what we use or share	<ul> <li>You can ask us <b>not</b> to use or share certain health information for treatment, payment, or our operations.</li> </ul>
	<ul> <li>We are not required to agree to your request, and we may say "no" if it would affect your care.</li> </ul>
Get a list of those with whom we have shared information	• You can ask for a list (accounting) of the times we have shared your health information for six (6) prior years to the date you ask, who we shared it with,
	and why.
	<ul> <li>We will include all disclosures except for those about treatment, payment,</li> </ul>
	and health care operations, and certain other disclosures (such as any you
	asked us to make). We will provide one (1) accounting a year for free but
	will charge a reasonable, cost-based fee if you ask for another one within 12 months.
Get a copy of this privacy notice	• You can ask for a paper copy of this notice at any time, even if you have
	agreed to receive the notice electronically. We will provide you with a paper copy promptly.
Choose someone to act for you	<ul> <li>If you have given someone medical power of attorney or if someone is your</li> </ul>
	legal guardian, that person can exercise your rights and make choices about your health information.
	<ul> <li>We will make sure the person has this authority and can act for you before</li> </ul>
	we take any action.

File a complaint if you feel your rights have been violated	<ul> <li>You can complain if you feel we have violated your rights by contacting as at American Senior Communities Benefit Department at 6900 South Gray Road, Indianapolis, IN 46237.</li> <li>You can file a complaint with the US Department of Health &amp; Human Services Office for Civil Rights by any of the following methods.         <ul> <li>Send a letter to: US Dept. of Health &amp; Human Services Office of Civil Rights, 200 Independence Avenue, SW, Washington DC 20201.</li> <li>Call: 1.877.696.6775.</li> <li>Visit: www.hhs.gov/ocr/privacy/hipaa/complaints.</li> </ul> </li> <li>We will not retaliate against you for filing a complaint.</li> </ul>

#### **Your Choices**

For certain health information, you can tell us your choices about what we share. If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have both the right and choice to tell us to	<ul> <li>Share information with your family, close friends, or others involved in payment for your care.</li> <li>Share information in a disaster relief situation.</li> <li>Contact you for fundraising efforts.</li> </ul> If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.
In these cases, we <i>never</i> share your information unless you give us written permission:	<ul><li>Marketing purposes.</li><li>Sale of your information.</li></ul>

#### **Other Uses and Disclosures**

How do we typically use or share your health information? We typically use or share your health information in the following ways.

Help manage the health care treatment you receive	• We can use your health information and share it with professionals who are treating you.
	Example: A doctor sends us information about your diagnosis and treatment plan so we can arrange additional services.
Run our organization	<ul> <li>We can use and disclose your information to run our organization and contact you when necessary.</li> </ul>
	• We are not allowed to use generic information to decide whether we will give you coverage and the price of that coverage. This does not apply to long-term care plans.
	Example: We use health information about you to develop better services for you.
Pay for your health services	We can use and disclose your health information as we pay for your health services.
	Example: We share information about you with your dental plan to coordinate payment for your dental work.

Administer your plan	We may disclose your health information to your health plan sponsor for plan administration.
	Example: Your company contracts with us to provide a health plan and we provide your company with certain statistics to explain the premiums we charge.

How else can we use or share your health information? We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We must meet many conditions in the law before we can share your information for these purposes. For more information visit: <a href="https://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html">www.hipaa/understanding/consumers/index.html</a>.

Help with public health and safety issues	<ul> <li>We can share health information about you for certain situations such as:         <ul> <li>Preventing disease</li> <li>Helping with product recalls</li> <li>Reporting adverse reactions to medications</li> <li>Reporting suspected abuse, neglect, or domestic violence</li> <li>Preventing or reducing a serious threat to anyone's health or safety</li> </ul> </li> </ul>
Do research	<ul> <li>We can use or share your information for health research.</li> </ul>
Comply with the law	<ul> <li>We will share information about you if state or federal laws require it, including with the Department of Health &amp; Human Services if it wants to see that we are complying with federal privacy law.</li> </ul>
Respond to organ and tissue donation requests and work with a medical examiner or funeral director Address workers' compensation, law enforcement, and other government request	<ul> <li>We can share health information about you with organ procurement organizations.</li> <li>We can share health information with a coroner, medical examiner, or funeral director when an individual dies.</li> <li>We can use or share health information about you:         <ul> <li>For workers' compensation claims</li> <li>For law enforcement purposes or with a law enforcement official</li> <li>With health oversight agencies for activities authorized by law</li> </ul> </li> </ul>
	<ul> <li>For special government functions such as military, national security, and presential protective services</li> </ul>
Respond to lawsuits and legal actions	<ul> <li>We can share health information about you in response to a court or administrative order, or in response to a subpoena.</li> </ul>

#### **Our Responsibilities**

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time by notifying us in writing that you have changed your mind.

For more information see: www.hhs/gov/ocr/privacy/hipaa/understanding/consumers/noticeapp.html.

#### Changes to the Terms of this Notice

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, and we will mail a copy to you.

## Your Rights and Protections Against Surprise Medical Bills

When you get emergency care or get treated by an out-of-network provider at an in-network hospital or ambulatory surgical center, you are protected from surprise billing or balance billing.

## What is "balance billing" (sometimes called "surprise billing")?

When you see a doctor or other health care provider, you may owe certain out-of-pocket costs, such as a copayment, coinsurance, and/or a deductible. You may have other costs or must pay the entire bill if you see a provider or visit a health care facility that isn't in your health plan's network.

"Out-of-network" describes providers and facilities that haven't signed a contract with your health plan. Outof-network providers may be permitted to bill you for the difference between what your plan agreed to pay and the full amount charged for a service. This is called "**balance billing**." This amount is likely more than innetwork costs for the same service and might not count toward your annual out-of-pocket limit.

"Surprise billing" is an unexpected balance bill. This can happen when you can't control who is involved in your care—like when you have an emergency or when you schedule a visit at an in-network facility but are unexpectedly treated by an out-of-network provider.

## You are protected from balance billing for:

#### **Emergency services**

If you have an emergency medical condition and get emergency services from an out-of-network provider or facility, the most the provider or facility may bill you is your plan's in-network cost-sharing amount (such as copayments and coinsurance). You **can't** be balance billed for these emergency services. This includes services you may get after you're in stable condition unless you give written consent and give up your protections not to be balanced billed for these post-stabilization services.

#### Certain services at an in-network hospital or ambulatory surgical center

When you get services from an in-network hospital or ambulatory surgical center, certain providers there may be out-of-network. In these cases, the most those providers may bill you is your plan's in-network cost-sharing amount. This applies to emergency medicine, anesthesia, pathology, radiology, laboratory, neonatology, assistant surgeon, hospitalist, or intensivist services. These providers **can't** balance bill you and may **not** ask you to give up your protections not to be balance billed.

If you get other services at these in-network facilities, out-of-network providers **can't** balance bill you, unless you give written consent and give up your protections.

# You're <u>never</u> required to give up your protection from balance billing. You also aren't required to get care out-of-network. You can choose a provider or facility in your plan's network.

## When balance billing isn't allowed, you also have the following protections:

- You are only responsible for paying your share of the cost (like the copayments, coinsurance, and deductibles that you would pay if the provider or facility was in-network). Your health plan will pay out-of-network providers and facilities directly.
- Your health plan generally must:
  - Cover emergency services without requiring you to get approval for services in advance (prior authorization).
  - Cover emergency services by out-of-network providers.
  - Base what you owe the provider or facility (cost-sharing) on what it would pay an in-network provider or facility and show that amount in your explanation of benefits.
  - Count any amount you pay for emergency services or out-of-network services toward your deductible and out-of-pocket limit.



## DISCRIMINATION IS AGAINST THE LAW

American Senior Communities complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

American Senior Communities does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

## American Senior Communities:

- Provides free aids and services to people with disabilities to communicate effectively with us.
- Provides free language services to people whose primary language is not English.

If you need these services, contact you community's Executive Director or General Manager.

If you believe that American Senior Communities has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance in person, by mail or email.

American Senior Communities Compliance Department 6900 South Gray Road Indianapolis, IN 46237 Compliance@ASCCare.com

If you need help filing a grievance, the American Senior Communities Compliance Department is available to help you. If you would like to report your grievance anonymously, the American Senior Communities Hotline can be reached at **1-888-788-2502** or **www.ASCHotline.com**.

You can also file a civil rights complaint with the Indiana Civil Rights Commission (ICRC) by calling 1-800-628-2909 or filing electronically at in.gov/icrc/.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or telephone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019; 1-800-537-7697 (TDD)



## DISCRIMINATION IS AGAINST THE LAW

**Español (Spanish):** American Senior Communities cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-788-2502 (TTY: 1-800-877-8339).

**繁體中文 (Chinese):** American Senior Communities 遵守適用的聯邦民權法律規定,不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-888-788-2502 (TTY: 1-800-877-8339)。

**Deutsch (German):** American Senior Communities erfüllt geltenden bundesstaatliche Menschenrechtsgesetze und lehnt jegliche Diskriminierung aufgrund von Rasse, Hautfarbe, Herkunft, Alter, Behinderung oder Geschlecht ab.

**ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-888-788-2502 (TTY: 1-800-877-8339).

**Deitsch (Pennsylvania Dutch):** American Senior Communities iss willich, die Gsetze (federal civil rights) vun die Owwerichkeet zu folliche un duht alle Leit behandle in der seem Weg. Es macht nix aus, vun wellem Schtamm ebber beikummt, aus wellem Land die Voreldre kumme sinn, was fer en Elt ebber hot, eb ebber en Mann iss odder en Fraa, verkrippelt iss odder net.

Wann du [Deitsch (Pennsylvania German / Dutch)] schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: Call 1-888-788-2502 (TTY: 1-800-877-8339).Rufnummer: 1-888-788-2502 (TTY: 1-800-877-8339).

ကြမာနူန် (Burmese): American Senior Communities မှာ ဗဟိုအစိုးရ နှင့် သကဲဆိုင်သော အများပြည်သူ ရပိုင်ခွင့် ဥပဒေ နှင့် လကဲတွေ အကျံ းဝင်သည် သာမက လူဏ္ဍိသားရောင်၊ မွေးဖွားသည့်နိုင်ငံ၊ အသက်၊ မသန်စွမ်းဖြစ်မှု၊ သို့မဟုတ် လိင် နှင့် ပတ်သက်၍လည်း ခွဲခြားဆက်ဆံမှုအလျင်းမရှိပါ။

သတိပြုရန် - အကယ်၍ သင်သည် မြန်မာစကား ကို ပြောပါက၊ ဘာသာစကား အကူအညီ၊ အခမဲ့၊ သင့်အတွက် စီစဉ်ဆောင်ရွက်ပေးပါမည်။ ဖုန်းနံပါတ် 1-888-788-2502 (TTY: 1-800-877-8339) သို့ ခေါ် ဆိုပါ။

يلتزم American Senior Communitiesبقوانين الحقوق المدنية الفدر الية المعمول بها ولا يميز على : (Arabic) العربية أساس العرق أو اللون أو الأصل الوطني أو السن أو الإعاقة أو الجنس.

ملحوظة :إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم: 1-888-888-2502 رقم هاتف الصم والبكم: 1-800-877-8339

**한국어 (Korean):** American Senior Communities 은(는) 관련 연방 공민권법을 준수하며 인종, 피부색, 출신 국가,연령,장애 또는 성별을 이유로 차별하지 않습니다.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-788-2502 (TTY: 1-800-877-8339) 번으로 전화해 주십시오.



## DISCRIMINATION IS AGAINST THE LAW

**Tiếng Viết (Vietnamese):** American Senior Communities tuân thủ luật dân quyền hiện hành của Liên bang và không phân biệt đối xử dựa trên chủng tộc, màu da, nguồn gốc quốc gia, độ tuổi, khuyết tật, hoặc giới tính.

**CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-888-788-2502 (TTY: 1-800-877-8339).

**Français (French):** American Senior Communities respecte les lois fédérales en vigueur relatives aux droits civiques et ne pratique aucune discrimination basée sur la race, la couleur de peau, l'origine nationale, l'âge, le sexe ou un handicap.

**ATTENTION:** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-788-2502 (ATS : 1-800-877-8339).

日本語 (Japanese): American Senior Communities は適用される連邦公民権法を遵守し、 人種、肌の色、出身国、年齢、障害または性別に基づく差別をいたしません。

注意事項:日本語を話される場合、無料の言語支援をご利用いただけま す。1-888-788-2502(TTY:1-800-877-8339)まで、お電話にてご連絡ください。

**Nederlands (Dutch):** American Senior Communities voldoet aan de geldende wettelijke bepalingen over burgerrechten en discrimineert niet op basis van ras, huidskleur, afkomst, leeftijd, handicap of geslacht.

**AANDACHT:** Als u nederlands spreekt, kunt u gratis gebruikmaken van de taalkundige diensten. Bel 1-888-788-2502 (TTY: 1-800-877-8339).

**Tagalog (Tagalog–Filipino):** Sumusunod ang American Senior Communities sa mga naaangkop na Pederal na batas sa karapatang sibil at hindi nandidiskrimina batay sa lahi, kulay, bansang pinagmulan, edad, kapansanan o kasarian.

**PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-788-2502 (TTY: 1-800-877-8339).

**Русский (Russian):** American Senior Communities соблюдает применимое федеральное законодательство в области гражданских прав и не допускает дискриминации по признакам расы, цвета кожи, национальной принадлежности, возраста, инвалидности или пола.

**ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-788-2502 (телетайп: 1-800-877-8339).

**ਪੰਜਾਬੀ (Punjabi):** American Senior Communities ਲਾਗੂ ਸੰਘੀ ਨਾਗਿਰਕ ਹੱਕਾਂ ਦੇ ਕਾ ਨੂਨਾਂ ਦੀ ਪਾਲਣਾ ਕਰਦੀ ਹੈ ਅਤੇ ਨਸਲ, ਰੰਗ, ਰਾਸ਼ਟਰੀ ਮੁਲ, ਉਮਰ, ਅਸਮਰਥਤਾ, ਜਾਂ ਲਿੰਗ 'ਤੇ ਅਧਾਰ 'ਤੇ ਵਿਤਕਰਾ ਨਹੀਂ ਕਰਦੀ ਹੈ।

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-888-788-2502 (TTY: 1-800-877-8339) 'ਤੇ ਕਾਲ ਕਰੋ।

हिंदी (Hindi): American Senior Communities लागू होने योग्य संघीय नागरिक अधिकार क़ानून का पालन करता है और जाति, रंग, राष्ट्रीय मूल, आयु, विकलांगता, या लिंग के आधार पर भेदभाव नहीं करता है। ध्यान दें: यदि आप हिंदी बोलते हैं तो आपकेलिए मुतमें भाषा सहायता सेवाएं उपलब्ध हैं। 1-888-788-2502 (TTY: 1-800-877-8339) पर कॉल करें।