

LiveHealth Online

Video visits with a doctor or therapist when you need one



Use LiveHealth Online to visit with a board-certified doctor or licensed therapist through live video on your smartphone, tablet or computer with a webcam. Sign up today so you can:

- See a doctor when you have a sinus infection, sore throat, pink eye, cold, fever and more. Doctors can assess your condition and send a prescription to the pharmacy you select if needed.¹
- Talk to a licensed therapist within 4 days or less² to get extra support when you're feeling stressed, anxious or having a tough time coping on your own. Schedule your 45 minute counseling session online or call **1-888-548-3432** seven days a week.

Sign up for free today.

Go to livehealthonline.com or download the free mobile app and register.

LiveHealth Online

A doctor or therapist by your side



- 1 Prescription availability is defined by physician judgment.
- 2 Appointments subject to availability of a therapist.

Online counseling is not appropriate for all kinds of problems. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Please call **1-800-784-2433** (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

LiveHealth Online is the trade name of Health Management Corporation, a separate company, providing telehealth services on behalf of Anthem Blue Cross and Blue Shield.

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