



# BENEFITING YOU

## **Customer Service Contacts for American Senior Communities Benefit Plans**

### 401(k) Retirement Savings Plan

Website: <http://transamerica.com/portal/ascretire> (type directly into browser)

Customer Service: 800-755-5801

### Anthem (Medical Plans)

Contract #: W24110

Website: <https://www.anthem.com>

Customer Service: 833-578-4441

### TrueRx (Pharmacy Benefit Manager)

Website: <http://www.truerx.com>

Customer Service: 866-921-4047

### Rx Help Centers Prescription Advocacy

Website: [help@rxhelpcenters.com](mailto:help@rxhelpcenters.com)

Customer Service: 866-478-9593

### Delta Dental Plan

Website: [www.deltadentalIN.com](http://www.deltadentalIN.com)

Customer Service: 800-524-0149

### VSP Delta Vision Plan

Website: [www.vsp.com/eye-doctor](http://www.vsp.com/eye-doctor)

Customer Service: 800-877-7195

### WEX Benefits Flexible Spending Accounts and COBRA

Website: <https://www.wexinc.com>

Customer Service: 866-451-3399

### Sedgwick Leave of Absence and ADA Administration

Website: <https://timeoff.sedgwick.com>

Customer Service: 855-279-9092

Lincoln Financial Group

Basic Life and Voluntary Life: 800-423-2765

Short Term Disability: 866-783-2255

Employee Assistance Program (EAP): 888-628-4824 or

<https://www.guidanceresources.com>

Aflac (Critical Illness and Accident Insurance)

Website: <https://www.aflacgroupinsurance.com>

Customer Service: 800-433-3036

To Change Your Basic Life Beneficiary or to Cancel Voluntary Benefits

Call the Benefits Enrollment Call Center: 855-288-1607

See your Payroll/Benefits Coordinator for mid-year changes in insurance due to a qualifying life event (birth, death, marriage, divorce, etc.)